



# Newsletter

7 BELFORD PLACE, EDINBURGH EH4 3DH TEL: 0131 539 7071

NOVEMBER 97

### The Board of Directors

Alastair Allanach  
(Chairman)

Douglas Halley  
(Financial)

Irene Cowper  
(Playing/Social)

Michael Campbell  
(House/Marketing)

Rod Goodson  
(Development)

Jim McLauchlan  
(Playing/Social)

### Management

David Thomas  
(Manager)

### Staff

May Crawford  
(Accounts)

Anne Kennedy  
(Membership)

Jim Barrie  
(Maintenance)

Sheila Nelson  
Eileen Matheson  
Karen Harris  
Jill Barclay  
Richard Pratt  
(Reception)

Tony Rae  
Lynda Watson  
(Bar)

Pat Wilson  
Joyce Waterston  
(Catering)



## Season Greetings to all Members & their families



HANDY THINGS  
THESE TENNIS  
RACQUETS!!



## ESC Ladies Won Bronze Medal in Euro 97

**European Squash, Club Championships Algarve, Portugal 26-28 Sept 97.**

After months of training, play offs and excitement the team of Lisa McKenna, Helen

Macfie, Juliet Milne and Fiona Stevenson clinched the Bronze Medal with victory over Meersquash from the Netherlands. Lisa McKenna scored a surprise victory over former Scottish Champion

Senga Macfie who represented the Dutch Side. The club salutes a fantastic result for our Ladies achieved against all the odds on an international stage. Thanks to Sponsors, Belhaven and Rucanor.

## Development News



The insert in this issue outlines the boards revised and recommended plan for the future development and upgrade of the clubs facilities. The previous proposals were indicated to be unacceptable to the planning officers, primarily because of the massing of the multi purpose hall and its close proximity to the Water of Leith. The board will seek a mandate from the members at an EGM to be held at the club early in 98. Meanwhile please take time to read the development insert.

### ALSO IN THIS ISSUE

Special Development Insert  
AGM Notice  
Sports Section  
Sultan of Brunei Seeks Membership  
Junior News  
Christmas Gift Ideas for the Sports Man/Woman  
Christmas Dinner/Dance  
Children's Christmas Party & Much More



# SPORT SECTION

Congratulations to

## TENNIS

### Men's Champion

Alastair Macintosh

### Men's Doubles Championships

Drew McKenzie  
& Rab McGill

### Mixed Doubles

Kasia Raczwoski &  
Justin Massarella

### Boys U/19

Fraser Laing

### Boys U/16

Greg Robertson

### Girls U/15

Korine Cowper

## SQUASH

### Mini Team Winners

(McLaughlan Trophy)  
The Lynch Mob

### Plate Winners

The Unsquashables

## QUADRATHON WINNER

Scott Thomson

## SQUASH TEAM NEWS

The Lothian and National Leagues are now in progress. The men's National Team in Division 2 have got off to a flying start and currently top the division looking like good candidates to bounce straight back into the 1st Division. If you want to watch some great squash come on down and support our teams. This years captains are as follows:

### National League

Alastair McKie

### Men's 1st

John Gillan

### Men's 2nd

Rab McGill

## THANKS TO THE SPONSORS

### The Mill Multon Partnership

ESC Men's National Squash Team

### Stockbridge Pine.

ESC Men's Lothian Squash League

### Q-Mark

ESC Ladies Squash Teams

The club are still seeking sponsors for the Men's 2nd & 3rd Teams in the Lothian Leagues if you or your company can help please contact the club management.

### Men's 3rd

Tom Smith

### Ladies 1st

Sally Morton

### Ladies 2nd

Gillian Anderson

### Ladies 3rd

Position Vacant

## OCTOBERFEST OF SQUASH 10-12 OCT

The success of the great event now established as a permanent fixture in the club calendar was evident in the camaraderie that developed over a hard playing and socialising weekend. Teams from Newcastle, Shetland, Cardiff, Bridge of Allen, Colinton Castle and the Army competed against our own ESC Teams. Newcastle beat the ESC in a close finish to win the Tournament



## JUNIOR NEWS

By Jeremy Snowden

Our U/16 players came a very creditable 2nd place in the Scottish U/16 Team Quaich held at the club in September. Congratulations to Chris Hillyard, Peter Kempston and Alan Smith. Special thanks to Alan who came into the team at short notice and won 2 out of 3 matches.

## KWIK FIT SPORTS MATCH JUNIOR COACHING



### Junior Hockey

Junior Hockey Coaching is now half way through the 6 week course. Children interested in attending future course s should contact the club management.

### Soccer Coaching

Passing, Dribbling, Shooting and Ball Control skills are the key principles in practise on an eight week course for children age 5-12. Call the club for information on future activities.

### Squash Coaching

Squash continues to be the cornerstone of the Junior programme and The current block of coaching sessions incorporate Foundation. Participation and Performance levels.

## A TRIATHLETES DIARY

Hugh McInnes a Junior Athlete Sponsored by the ESC

After missing a few races early in the season due to injury things did get better in August when I was 1st Junior in the Gullane Triathalon which is a Scottish Team selection event. Other results included 1st Junior in the Stirling Duathlon and 3rd place

the national Duathlon. This will be my last season as a Junior and I am looking forward to competing on a more regular basis next summer. I am currently training with the Scottish squad and I hope to represent Great Britain next year.

The board have agreed to sponsor Hugh again in 1998 to the tune of £100 for sports clothing.

## CHRISTMAS DINNER & DANCE

This years Formal Dinner & Dance will take place on Saturday 13th December and will consist of a single sitting for Dinner followed by Music from a great new band - ANAGRAM. Entry will be by ticket only on a first come first served basis at £18 per person. The tickets will go on sale at the club on Thursday 27th November at 7pm. Tickets will only be sold to members and there will be a limit of 2 per person/couple.

## CHILDRENS CHRISTMAS PARTY

This years Christmas party will take place on Saturday 6th December from 2-4pm. The party will consist of Games, Sit Down Meal and a Puppet show. This will be an all ticket event open to a maximum of 30 members children age 4-8. Tickets are available from the Reception at £5 each.

WHAT HAS SANTA GOT FOR YOU LITTLE TIMMY?





## HOLDING COURT TO THE SULTAN OF SWING

Now that the ring of steel around CHOGM has been lifted we can exclusively reveal that His Royal Highness The Sultan of Brunei chose the Sports Club as the perfect venue for his daily ritual of Badminton. The Sultan who is a keep fit and racket sport enthusiast played with his entourage at 7am during their four day stay in Edinburgh. The Sultan told Manager Dave Thomas this is an excellent club in a beautiful setting, I wish I could take it back to Brunei. However you don't need to be the worlds richest man to become a member of the ESC, a limited number of memberships are currently available. Tell your friends.



## SANTA SEEKS LITTLE HELPERS

a couple of people to help out organising games etc at the children's Christmas party on 6th December. The rewards are a warm feeling and a Club Tee Shirt. Will volunteers please call the Manager.



## WHATS NEW

(recent upgrades & additions to provide a better service & environment for members)

Bar Meals now available Mon Thurs 6-9pm

Plate of chips 80p

Fried Haddock & Chips served with salad £3.50

Burger & Chips £2.50

Bookies Sannie (Steak Onions, Mushroom in a bun, served with salad) £2.90

Scampi with Chips £3.90 & other specialities

All can be served with healthy options e.g. Baked Potato & Salad Bowl

- New Water Logic Machine (downstairs corridor) provides cold filtered water at the push of a button
- Squash Court Decoration (all courts have been painted)
- Downstairs Corridor Refurbished & New Carpet Fitted
- New Rowing Machine in the Gym (Water Rower)
- Painting of Ladies Toilet & Changing Rooms

## MEMBER REFERRAL SCHEME

Here's a great Christmas offer and a chance for you to earn £20 of sports club vouchers. When a new member (category Full) joins the club with your name as the proposer. This offer is valid from now until 31st December 97.



## Edinburgh Sports Club is pleased to commend its new RACKET STRINGING AND RACKET MAINTENANCE SERVICE

Contact reception for further details of the service available

Stringing is provided by Rapid Repairs - Scotland's leading racket stringing company. All restringing is carried out on top quality Babolat electronic machines to ensure accuracy and full racket protection.





## CHRISTMAS GIFT IDEAS FROM THE ESC SHOP



Limited Edition Silk Club Ties	£14.99
Embroidered Club Polo Shirts	£15.99
Prince Power Ring Squash Racket (normally £99.99)	ESC Price £90
Adrenalin Pro Squash Shoes (normally £39.99)	ESC Price £34.99
Embroidered Club Shorts	£9.99
Sweatshirts	£15.99
1000, Mile Racket Socks (guaranteed to prevent blisters)	£5.50



Lady Adrenalin Pro Squash Shoes (normally £39.99)	ESC Price £34.99
Rucanor Tops	£12.99
Karakal Sweat Shirts/Jog Bottoms	£15.99
Rucanor Skirts from	£12.50

## GOOD LUCK DESNI

Good Luck and Best Wishes are extended to Desni Nixon who flies off to Indianapolis in the United States on the 19th November, for an operation that we all hope will be a successful conclusion to that long term knee injury.

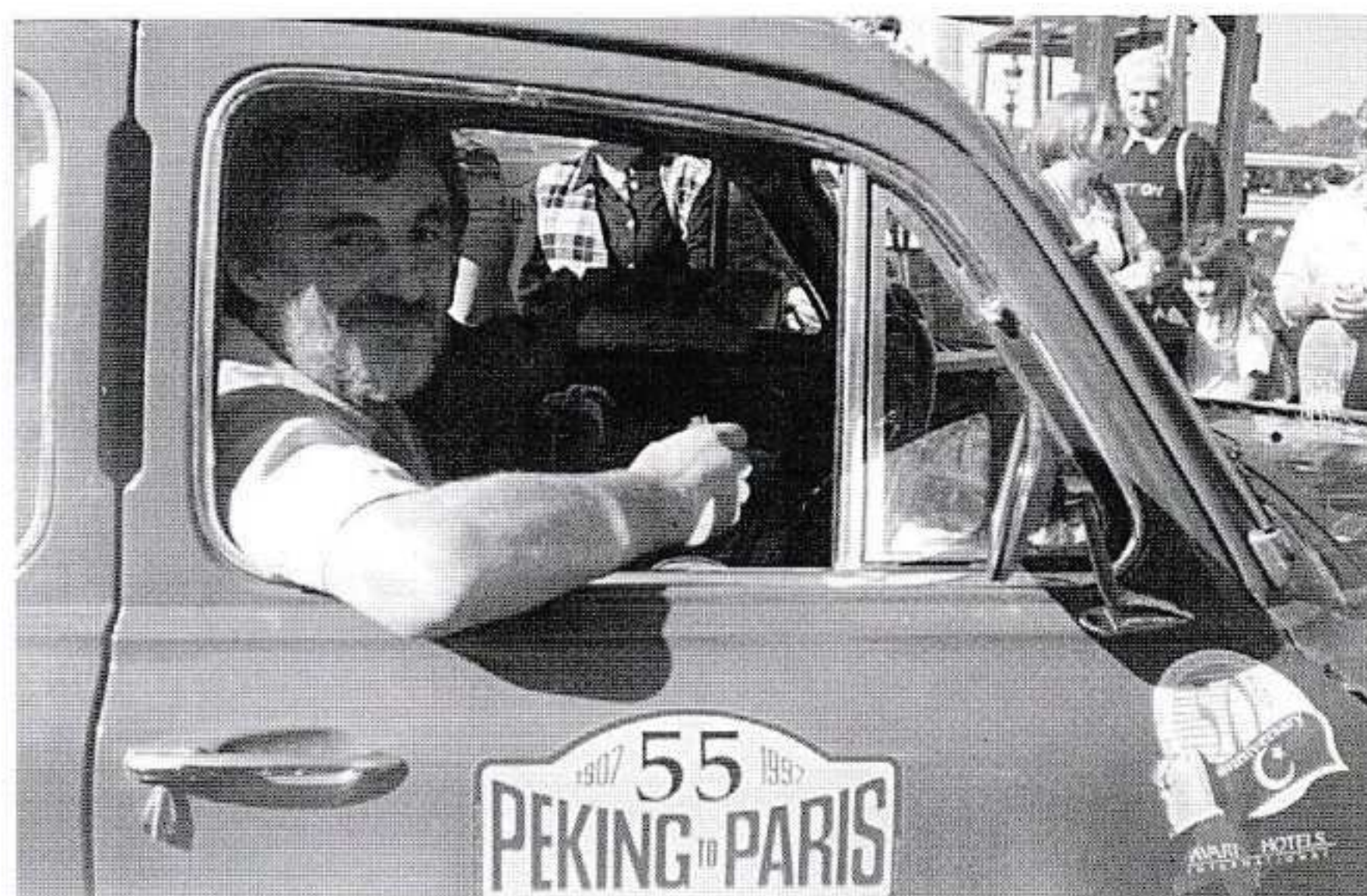
## MEMBERSHIP NEWS

### Fred Multon completes the Peking to Paris Motor Rally

Congratulations to Fred Multon who completed what must surely be the worlds greatest motor challenge, Fred and his Austin A90 Westminster finish 33rd overall and 8th in his class.

Vic Macari features on the front page of The Evening News on 14th August after rescuing an 18 year old boy who was drowning in the sea at Gullane. Victor and two friends were playing golf on the nearby course and were approaching the 12th hole when they heard the boys screams. It appears the boy was riding a horse which bolted throwing the lad into the sea. Victor and Eoin Ramsay stripped down and dived into the Sea an act of heroism that surely saved a life. Well Done Vic.

Belinda Robertson Edinburgh based Cashmere Designer Features in The Scotsman after winning a Eureka award, Presented to small and medium sized Scottish Companies who show initiative in the Export Market.



## Christmas Luncheon Menu

Starting from  
Monday 15TH December  
by prior arrangement

To Reserve a Table  
call Pat or Joyce on  
0131 343 1274



### STARTERS

Stilton & Leek Soup  
Biriyani Prawn Pilaf  
Chicken Liver Pate

### MAIN DISHES

Fresh Turkey Roasted with Kilted Sausages & Sage & Onion Stuffing  
Roast Sirloin of Beef with Yorkshire Pudding  
Fresh Poached Salmon with Hollandaise

All served with potatoes & seasonal vegetables

### PUDDINGS

Traditional Christmas Pudding with Brandy Butter  
Yule Log with Chocolate Sauce & Fresh Cream  
Fresh Cream Meringues with Fresh Fruit  
A Selection of Cheese, Biscuits & Fruit

Coffee & Christmas Vol-au-Vents

PRICE £9.90 PER HEAD

