EDINBURGH SPORTS CLUB



7 BELFORD PLACE, EDINBURGH EH4 3DH TEL: 0131 539 7071

SUMMER 2000

Senga Mactie receives the Ladies Open

Chairman's Chat

We are now four months into the new millennium and we seemed to have survived the bug. The new board is considering how to effectively use its resources, maximise

Chairman

Mrs Sandra Kempston

Secretary

Mr Ian Boyd

Manager

Dave Thomas

Staff

Simon Boughton (Sports Activities)

(Accounts)

Fileen Matheson

Jill Barclay

Richard Pratt

Sheila Nelson

(Reception)

Andy Armitage (Bar Steward)

Lynda Watson Graham Lind (Bar)

Pat Wilson
Joyce Waterston
(Catering)

facilities and increase membership. We will be looking to build on our development fund before considering further capital improvements. The challenge from new leisure facilities in Edinburgh is ever present however we intend to actively market the unique atmosphere and location of the sports club.

Some members are now taking advantage of the lighter evenings to appreciate the new tennis courts, while others are looking forward to participating in the popular summer mini team squash tournament.

Ladies squash teams had a very successful season and hopefully by now will have lifted The Scottish Cup to make up for the disappointment of being pipped at the post in the National League.

In the East of Scotland Leagues our ladies first and second teams respectively finished winners and runners up in division one. The third team were runners up in division two.

Squash Trophy from Sandra Kempston

In the inaugural Edinburgh Cup our Ladies won the tournament and the plate competition.

It is the members that make any club and with your help I am looking forward to building a brighter future.

Sandra Kempston

THANKS TO THE SPONSORS

Sponsoring Squash at Edinburgh Sports Club





Sponsors to ESC Mens National Squash Team

Tennis

Adult Tennis Coaching

Sundays
Six week block course
Starting
Sunday 30th April
11am-12noon

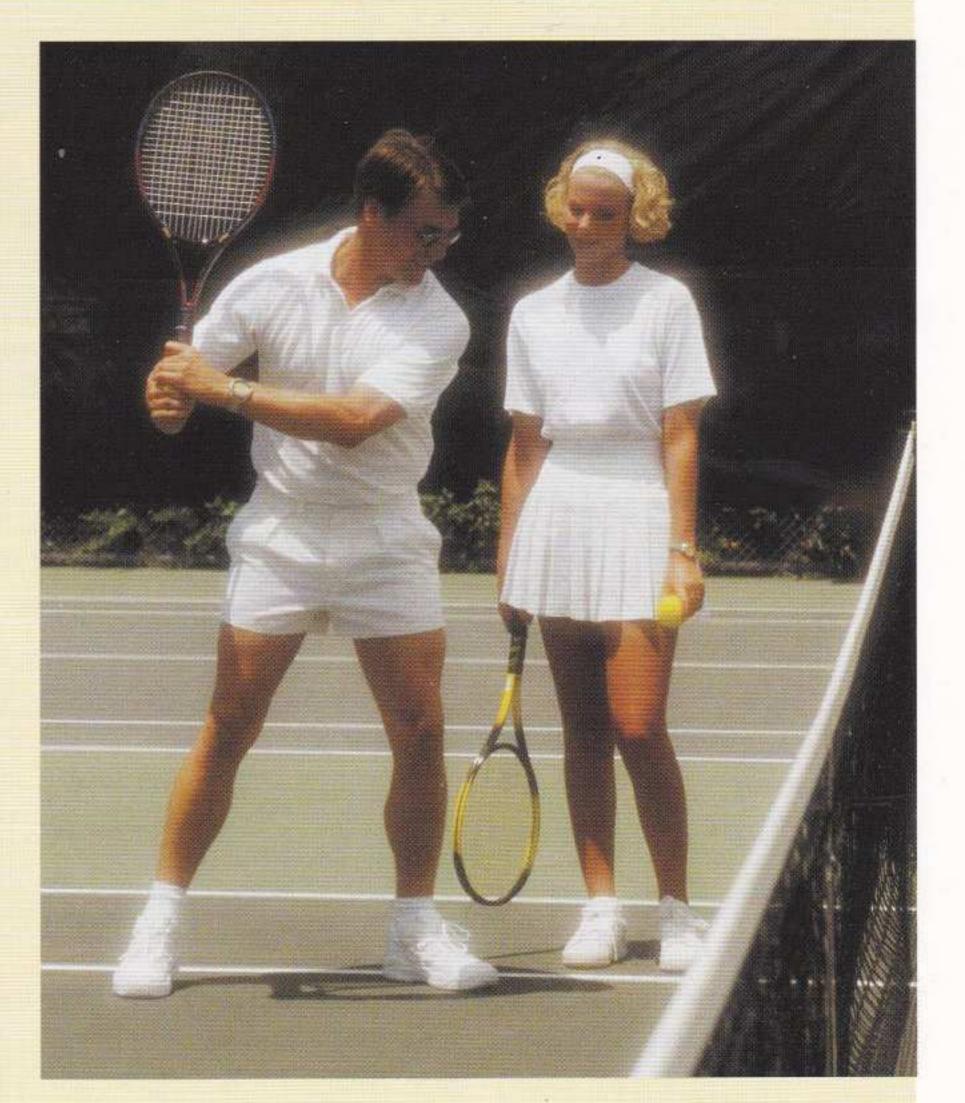
This session is aimed at all levels of ability. The course will be taken by a very experienced coach who is able to work with a group of mixed abilities to ensure

that everyone gets something out of the course that will benefit their game.

Cost £25 for members/£40 for non members.

All coaching sessions will be taken by Tam Bruce LTA Professional Coach/SLTA District Coach.

For Further Information on Tennis Coaching Contact Simon Boughton Sports Activities Officer on 0131 623 7177.



Adult Tennis Club Night

Come along and participate in social tennis.

Meet new partners and benefit from some varied competition. Tennis club nights are on alternate Fridays from 7-9pm starting 28th April. For Further Information Contact Simon Boughton Sports Activities Officer on 0131 623 7177.

Club Tennis Championships

This years club Tennis
Championships will take
place over the weekend
of 21/23 July. The
championships will
incorporate junior & senior
events including singles,
doubles and mixed
doubles. Sign up now.

Junior Section

Junior Tennis Coaching

Wednesdays

6 week block courses starting Wednesday 26th April

5-6pm Participation level

This session is aimed at players with no or limited playing experience.

6-7pm Performance Level

This session will suit players who wish to develop their technical skills and match play.

Cost £25 for members/£40 for non members.

East of Scotland Junior Tennis Leagues

The club has Teams in The East of Scotland Junior Tennis Leagues. Matches are played at the weekend home and away. Any Juniors interested in playing Team Tennis this season should contact Simon Boughton. 0131 623 7177.

ESC Racketball Championships 19-21 May

Singles, Doubles, Mixed Doubles

Racketball's popularity continues to grow at Edinburgh Sports Club with more members becoming aware of the benefits of that "Big Ball" and those long "Stamina Building" Rallies.

Sign Up for the Club Championships Now.

Health & Fitness

Learn to use the Fitness
Equipment safely and
effectively. Book a session
with a Fitness Instructor. For
Further Information Call
Simon Boughton On
0131 623 7177.



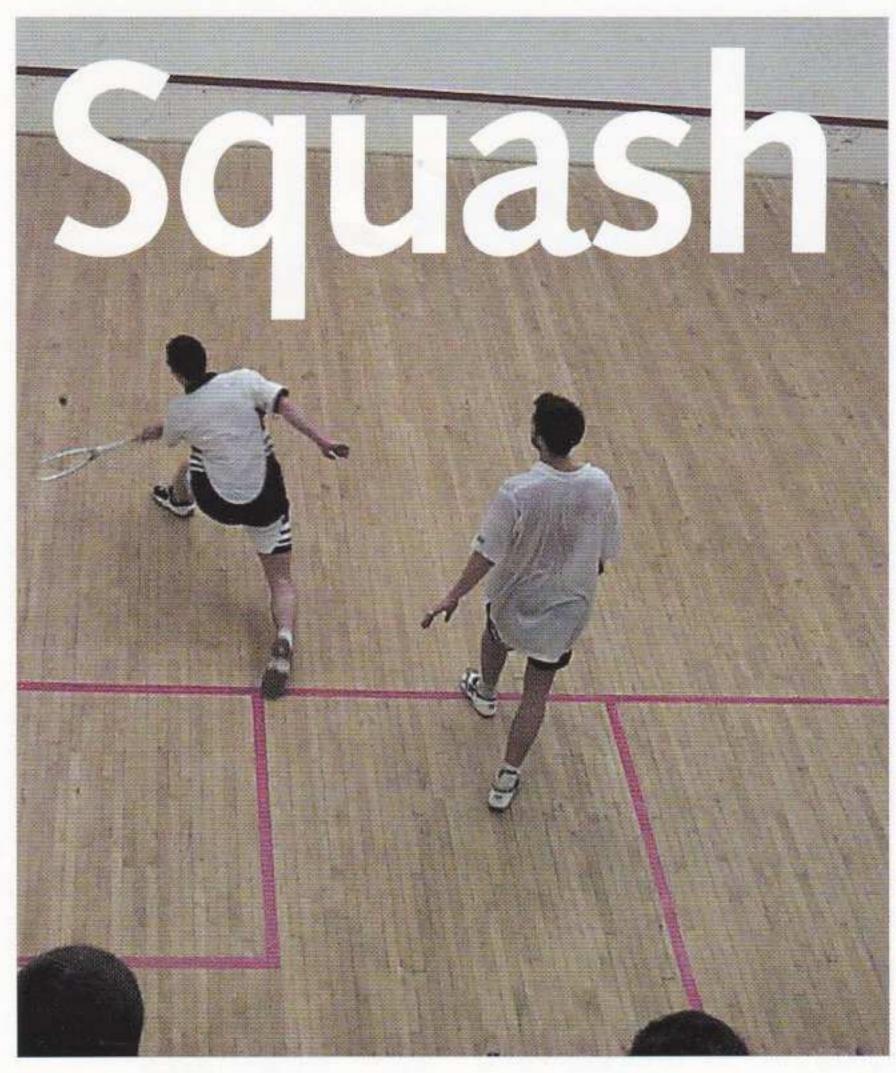
BBQ Area

The barbecue area is available for private bookings. Recent upgrades to the area include new floodlighting. For further information contact the Manager Dave Thomas.

Car Parking
Members using the clubs car

park while going on to another location ie shopping, work etc are requested to:

- Obtain a car park permit from reception.
- Clearly display the permit on the car.
- 3. Park the car at the west end of the car park beyond the gym.



End of Season Results

ESC Open Squash Tournament 21-23 January

In the Men's Open Final Peter O'Hara (Newlands) beat Stuart Cowie (Next Generation) over five games.

The Ladies final was contested by the Macfie sisters Senga and Helen (Edinburgh Sports Club). Senga lifted the trophy after a fiercely contested match. Thanks to The Sponsors Autoglass.

Men: 1. Peter O'Hara
(Newlands) 2. Stuart Cowie
(Next Generation)

"A": 1 Peter Wilson (Colinton
Castle) 2. Richard McBride
(Colinton Castle)

"B" 1. Chris Hillyard
(Edinburgh Sports Club)
2. Alan Morrison (Edinburgh
Sports Club)
Ladies: 1. Senga Macfie
(Edinburgh Sports Club)
2. Helen Macfie (Edinburgh
Sports Club)



ESC Club Championships 24-26 March

This year the club championships incorporated both Junior and Senior events together for the first time. A Great weekend of Squash was enjoyed by over 100 competitors plus spectators.

Men: 1. David Heath 2. Simon Boughton

Ladies: 1.Senga Macfie
2. Lisa McKenna
Mens A: 1. Neil Stewart
2. Bill Reid
Boys Under 19: 1. Richard
Snowden 2. Alan Smith
Boys Under 17: 1.Peter
Kempston 2. Ryan Lello
Girls Under 17: 1. Sophie
Woodhead 2. Korine Cowper

Boys Under 15: 1. Gregor
Thomson 2. Ross McHoul
Girls Under 15: 1. Sophie
Woodhead 2. Suzanne Lello
Boys Under 13: 1. Kyle
Cowper 2. Adam McHoul
Girls Under 13: 1. Gillian
Duthie 2. Iona Stephen
Boys Under 11: 1. Matthew
Bain 2. Andrew Brock
Girls Under 11: 1. Rebecca
McDermott
2. Kirsty McKenzie

Team Squash

Congratulations to all players who represented ESC in Team Squash during the season.

Mens National League

Congratulations to ESC Men for finishing a very credible 4th place in The National League. Not bad for a team that does not import players To represent the club. Thanks to Team Sponsors Lynch McQueen.

Ladies National League

Well Done ESC Ladies runners up to Newlands in the National League.

East of Scotland Leagues

Division 1 (Men)

Edinburgh Sports Club 1 Finished Runners Up Edinburgh Sports Club 2 Finished 4th

Division 2 (Men)

Edinburgh Sports Club 3 Finished 10th

Division 1 (Ladies)

Edinburgh Sports Club 1
Finished 1st League
Champions
Edinburgh Sports Club 3
Finished Runners Up

Division 2 (Ladies)

Edinburgh Sports Club 2 Finished Runners Up

Well Done Ladies an Outstanding Achievement

ESC Ladies Win Edinburgh Cup

Congratulations to Sandra
Kempston, Lorna
Cunningham, Sally
McIntosh, Alison Hickman
and Sophie Woodhead
Winners of The Edinburgh
Cup. Also well done to
Sally Morton, Sophie
Pringle, Anne Louise
Duncan, Morag Strachan
and Claire Skinner Winners
of the plate in the same
competition.

Forthcoming Events

1/2/3 September ESC Squash Tour to Richmond (nr London)

23rd September ESC v Colinton Castle 30-A Side Squash

Octoberfest of Squash
A weekend of International
Squash. Teams from England,
Ireland, Scotland, Wales and
H.M. Forces. Social Nights
on Friday and Saturday
evenings in the club bar.
Featuring Free Live
Entertainment.

Staff Profile

Simon Boughton

Sports Activities Officer Simon joined the club in April 1998. His previous position was as a part time Regional Squash Development Officer with Scottish Squash, while also fulfilling a Squash Professional role at Bridge of Allan Sports Club. Previously Simon spent some time out in Milan, Italy coaching and helping to promote the game of squash. Brought up in Worksop, Nottinghamshire Simon took up the game at the age of 12 proceeding to represent the county at various levels while competing closely with a

young Peter Marshall. Simon also represented England Universities while studying for his BSc Hons in Sport and Leisure management. Currently ranked 8 on the Scotland ladder rankings Simon has proved to be an inspiration to junior players at Edinburgh Sports Club. Enthusiastic, amenable and a people person Simon has time for everyone. In addition to his duties promoting sports within the club Simon also represents the Club National Squash Team helping them towards a very credible 4th place last season. Simon has recently completed a course in Fitness/Gym Instruction.



Simon's ambitions for the future are to see all of The continued success of his Sports Club teams finishing strongly in leagues and

competitions and the coaching programmes at every level.

Farewell to Adam and **Ashley Ralston**

Stalwarts of the ESC squash scene Ashley and Adam Ralston are relocating to Philadelphia where Dr Ashley will take up a new position In one of the major

hospitals. Adam says "visitors will be very welcome but not all at once". We all wish them and young Alexander the very best of luck for the future. We thank them both for their effort and enthusiasm while playing and supporting team squash at Edinburgh Sports Club.



Refurbishment Projects

During the summer the following areas within the club will be upgraded.

- New lighting System for Doubles Court
- More Repairs to Fabric of Building (2)
- New Front Entrance Proximity Cards and Reader to replace the troublesome swipe.

Social

Mini Team Dinner/Award Ceremony Saturday 19th August

Private Function Bookings

The restaurant/bar is available for members private functions. We are able to cater for up to 100 people. For further information contact the Manager Dave Thomas.

Lunch at The Club

Lunch is served at the club Monday - Friday from 12.30-2.30pm

> Why not bring a friend, business colleague or a loved one.

We guarantee you will be impressed with the quality of food and service at such a reasonable cost.