



Newsletter

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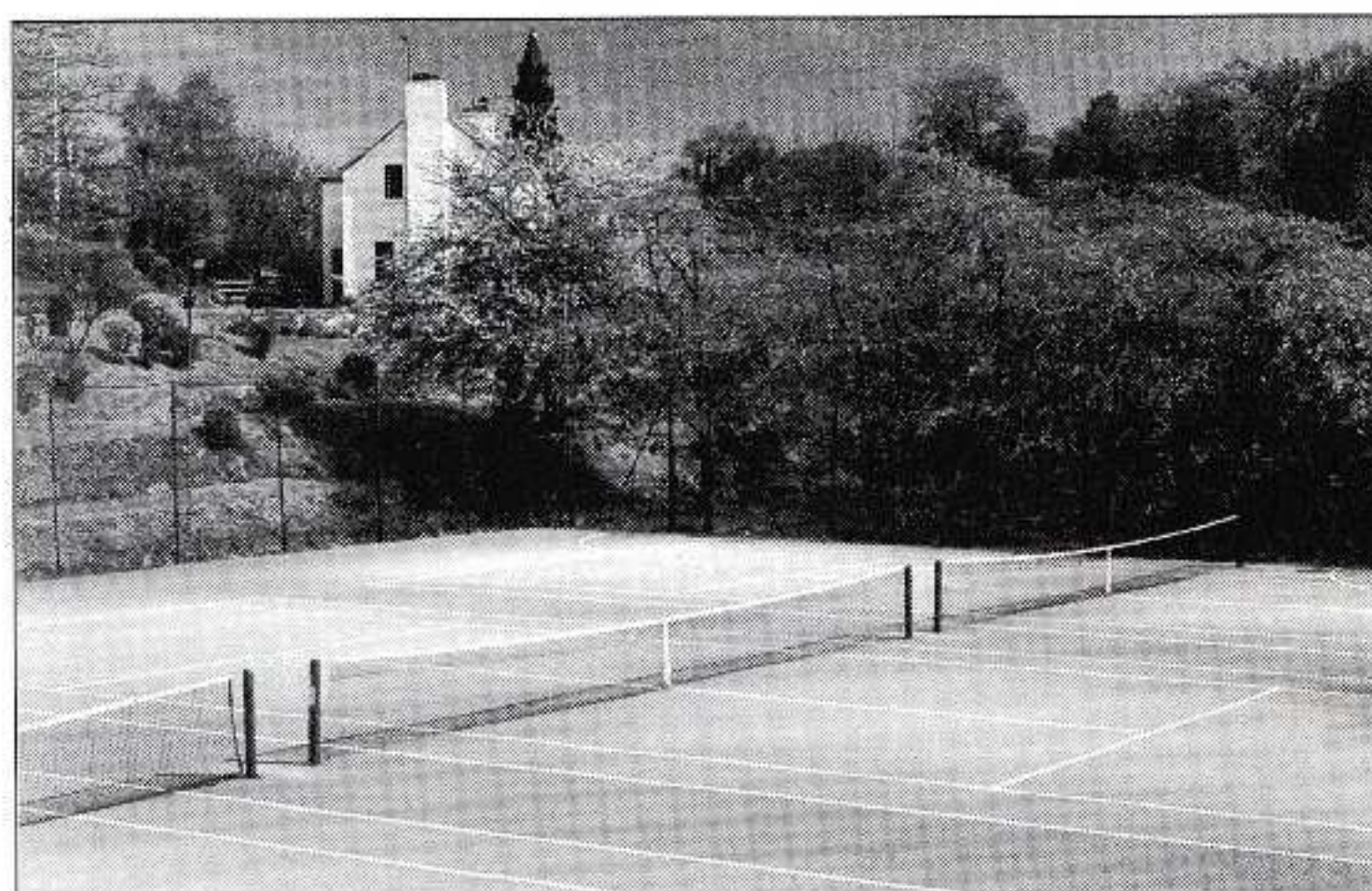
SUMMER 99

Tennis Courts Refurbishment

The tennis court upgrade project is now underway and on course for completion by the end of March. The project will incorporate breaking up and relaying of the substructure and the laying of a new Grasshopper artificial sand filled surface. The tender has been awarded to Charles Lawrence Ltd (Scotland).

The project also includes a new lighting system that meets LTA Club standards.

A grand opening ceremony incorporating a Prince Racket promotion, Tennis Tournament and Barbecue is scheduled for Sunday 11th April from 2pm. Please register on the notice board if you wish to enter the tournament.



Chairman
Alastair Allanach

Secretary
Douglas Halley

Manager

Dave Thomas

Staff

Simon Boughton
(Sports Activities)

May Crawford
(Accounts)

Anne Kennedy
(Membership)

Eileen Matheson
Jill Barclay
Karen Harris
Richard Pratt
Sheila Nelson
(Reception)

Andy Armitage
(Bar Steward)

Lynda Watson
Graham Lind
(Bar)

Pat Wilson
Joyce Waterston
(Catering)

Mini Team Squash Tournament

The annual mini-team squash tournament starts on 26th April. For members who are not aware of this unique event in the club calendar the tournament is an American Scoring handicapped event,

where players of all capabilities compete for the prestigious Mclauchlan Trophy. Teams may consist of an unlimited amount of players in their squad (male or Female) but field 4 for each fixture. Matches are played

attracted 16 teams and over a hundred participants culminating with an end of tournament dinner in August. Sign up sheets are posted on the club notice board. If you are not part of a team but would like to join one then register your name in the players pool. For further Information Call Simon Boughton on 332 0088.

on either Monday or Tuesday evenings. Last years event



ALSO IN THIS ISSUE

Tennis Coaching For All Levels at ESC
Junior Section
Tournaments
Results
Sport Shop Items
Health & Fitness



Health and Fitness

Fitness Induction Classes

Learn to use the fitness equipment safely and effectively. Book a session with an Instructor. For further information and class times contact Simon Boughton.

Circuit Max-Fitness Class

The complete workout for all Fitness Levels



**Develop Speed
Reduce Body Fat
Increase Flexibility
Improve Strength
Gain Stamina**



**Tuesday & Thursday 6-7pm
Sign up at reception**

Adult Tennis Coaching

IMPROVE YOUR TENNIS WITH TAM BRUCE



Thursday Evenings

with Tam Bruce (East of Scotland Development Officer).

Participation

6.30pm-7.30pm

Developing Excellence

7.30pm-8.30pm

**Starts Thursday 22nd April for 6 weeks
Cost = £25 for members / £50 for non-members**

All courses are subject to Demand

Sign up at reception. For further information Call
The Sports Activities Officer Simon Boughton 332 0088.

SHOP SALE

**10% OFF
ALL SPORTS
CLOTHING**

sale excludes rackets/shoes/balls/
shuttlecocks/grips/eyewear

Sale ends 9th April 99

Racketball Championship

**Friday 11th
Sunday 13th June**

**Men's/Ladies Singles
Doubles
Mixed Doubles
Entry via the notice board**

ESC Ladies Win Bronze in European Squash Championships.



Congratulations to Lisa McKenna, Jacqui Edwards, Helen Macfie and Laura Hamilton winners of the Bronze medal in The European Squash Club championships in Vienna September 98

Chairman's Chat

1999 has proved a busy year in the life of the Club thus far. Apart from the evident upheaval on the tennis courts, virtually every weekend has seen a social function, with the Rugby Internationals providing a further focus. The Club Open Squash championships was contested at a higher level than ever, and the evident demand for court use bodes well for the future.

Edinburgh is currently witnessing an explosion in the provision of leisure facilities. The Management and Club Directors are monitoring these developments, and will ensure that Edinburgh Sports Club stays abreast of industry trends. We will seek to ensure that potential short-term gains from fashionable pursuits does not obscure the Club's objective to remain Scotland's premier racket sports Club.

Thanks to excellent work instituted by the Board and our Engineers, the access road to the Club from the corner of Belford Place leading down to the bridge over the mill lade has been adopted by the Local Authority, and consequentially we are no longer responsible for our share of maintenance. Thus in future, if you are guilty of speeding on the road, you will incur the wrath of Lothian and Border's Police in addition to the Club's Board!

I wish all competitors in the Summer Leagues success - some 200 will be taking part this year for a total of 14 weeks culminating in the award of the Mclauchlan trophy.

ESC Squash Teams Seek Sponsorship

The club are seeking sponsors for the 1999/2000 season starting in October. The club has a membership of over 1000 members and sponsors will have direct access to this market through on and off court advertising boards, brochures, application forms, website and newsletters. There is also an opportunity to use the club for corporate hospitality etc. If you or your company would like to be a part of a winning team please contact The Club Manager Mr Dave Thomas.

Mr Boni's East of Scotland Junior League

Boys U/13B
Winner
Patrick Clarke

Boys U/13B
Runner up
Adam McHoul

Boys U/19
Winner
Richard Snowden

Girls U/19 R/Up
Kirsty Lind

East of Scotland Junior Leagues

Congratulations ESC U/12s team for winning their league without losing a match, played 10 won 10. Well done to, Adam McHoul, Sophie Woodhead, Kyle Cowper, Suzanne Lello, Jessica McDermott, Julie Lello, Jamie Prendergrass, Charles Hibbert.

Junior Section

Protective Eyewear

Effective 1st January 1999 new legislation from The World Squash Federation recommends all juniors

participating in squash wear protective eyewear. This is strongly endorsed by Scottish Squash and Edinburgh Sports Club. We request all parents to encourage their children to comply. The club sells protective eyewear in the sports shop.

Junior Team Tennis

The club have entered teams in the east of Scotland Junior Tennis League which runs from April - June. There are categories for boys and girls under 14 and under 18.

Teams will consist of four players and all players will play both doubles and singles. Matches will be played home and away on Friday, Saturday and Sunday evenings. Any junior interested in participating should add their name to the sign up sheet on the junior notice board.

Junior Squash Club

Alternate Fridays from 4-6pm starting 2nd April through to the summer school holidays. Juniors will have the opportunity to play league and bounce games under supervision of Simon Boughton.

New Club Operating System

From 1st July the club will change to a new computerised operating system that will be year 2000 compliant. The system will incorporate :

**New Entry System with Card Swipe
Membership Database
Squash & Tennis Booking System
Targeted Publicity & Marketing Module**

In addition to being both user and member friendly, the new system will give management wider reports on usage, member profiles and trends.

Junior Tennis Coaching Saturdays

Foundation Level
with Stuart Watt (ex Scottish Junior Internationalist)

Starts Saturday 3rd April for 6 weeks
Session Times = One Hour from 2pm.
Cost = £18 for members / £30 for non-members.

Sundays

with Tam Bruce (East of Scotland Development Officer)

Starts Sunday 18th April for 6 weeks
Participation Level - 3pm-4pm
Developing Excellence - 4pm-5pm
Cost = £18 for members / £30 for non-members.

All courses are subject to Demand
Sign up at reception. For further information Call The Sports Activities Officer Simon Boughton 332 0088.

Club Squash Championship

19-24 April

Ladies/Men's competition

including singles, doubles & mixed doubles

Entry forms available from the club

Team Squash- End of Season

Congratulations to all our team players who participated in the 98/99 squash season.

National League

E.S.C Men's Mills Multon National League team finished in third place behind Newlands and Glasgow Accies.

East of Scotland Open League Division 1

E.S.C. 1 finished second to Colinton Castle.

E.S.C 2 finished in third place

East of Scotland Open League Division 2

E.S.C. 3 finished mid-table.

National Club Knockout Championships

E.S.C. are in the semi-finals where they will face Glasgow Accies.

Ladies National League

E.S.C Ladies currently challenging for a top 3 place.

East of Scotland Ladies League Division 1

E.S.C 1 Congratulations on Winning The League

E.S.C 3 finished mid table.

East of Scotland Ladies League Division 2

E.S.C 2 finished mid-table

National Club Championships

E.S.C. Ladies will face Colinton Castle in the final.

Club Squash Championships

**Club Open Squash Tournament
22/24 January 1999**

Men's Open

Winner Stuart Cowie (Connaught Club London)

Runner up Peter O'Hara (Newlands)

Plate Winner John Meadley (Newlands)

Ladies Open

Winner Claire Waddle (Bridge of Allen)

Runner Up Senga MacFie (ESC)

Plate Winner Christina Graham (Heriot Watt)

A Competition

Winner Richard Snowden (ESC)

Runner Up Alastair McGill (SSRC)

Place Winner John Hibbert (ESC)

B Competition

Winner Trevor Mitchell (ESC)

Runner Up Jim Rankin (Aberdeen)

Plate Winner Alan Watt (Aberdeen)

THANKS TO THE SPONSORS



**MILLS MULTON
PARTNERSHIP**

Sponsors of our National Squash Team